

Contributor	Access via	Date added	Resource	Category	Contact
Swinfen Hall/NHS	PDF	31/03/20	<a href="#">FACE COVID – How to respond effectively to the Corona crisis – by Russ Harris author of The Happiness Trap</a>	Mindfulness	<a href="mailto:lucy.courtney-brisbane@nhs.net">lucy.courtney-brisbane@nhs.net</a>
			<a href="#">Creative calm through Coronavirus</a>	Mindfulness	
			<a href="#">Simple breathing exercise</a>	Mindfulness	
			<a href="#">Breathing exercises</a>	Mindfulness	
			<a href="#">2 player games</a>	Games	
			<a href="#">General knowledge quiz</a>	Games	
			<a href="#">Crosswords</a>	Games	
			<a href="#">In-cell workout booklet</a>	Exercise	
Kestrel Theatre Company	PDF	31/03/20	<a href="#">Welcome letter</a>	Creative writing	<a href="mailto:Kestreltheatrecompany@gmail.com">Kestreltheatrecompany@gmail.com</a>
			<a href="#">Week one</a>		
			<a href="#">Week two</a>		
		16/04/20	<a href="#">Week three</a>		
		24/04/20	<a href="#">Week four</a>		
24/04/20	<a href="#">Week five</a>				

		19/05/20	<a href="#">Week six</a>		
		19/05/20	<a href="#">Week seven</a>		
		19/05/20	<a href="#">Week eight</a>		
		02/06/20	<a href="#">Week nine</a>		
			<a href="#">Timeline for Kestrel Lockdown scripts</a>		
Prison Phoenix Trust	Email all@theppt.org.uk for password to access	31/03/20	<a href="#">Yoga and meditation worksheets</a>	Meditation	<a href="mailto:all@theppt.org.uk">all@theppt.org.uk</a>
Safe Ground	PDF	31/03/20	<a href="#">Week one</a>	Creative writing	<a href="mailto:info@safeground.org.uk">info@safeground.org.uk</a>
			<a href="#">Week two</a>		
		3/03/20	<a href="#">Week three – Little Foxes chapter 1</a>		
		16/04/20	<a href="#">Week four – Little Foxes chapter 2</a>		
		24/04/20	<a href="#">Week five – Little Foxes chapter 3</a>		
			<a href="#">Week six – Little Foxes chapter 4</a>		
		7/05/20	<a href="#">Week seven – Little Foxes chapter 5</a>		

		19/05/20	<a href="#">Week eight – Little Foxes chapter 6</a>	
Rowan Mackenzie Shakespeare UnBard	PDF	31/03/20	<a href="#">Macbeth activities</a>	Creative writing
			<a href="#">Richard II activities</a>	
			<a href="#">Romeo and Juliet activities</a>	
		2/04/20	<a href="#">The Tempest activities Level 1</a>	
			<a href="#">The Tempest activities Level 2</a>	
			<a href="#">The Tempest activities Level 3</a>	
			<a href="#">Wordsearch bundle</a>	Activities
		16/04/20	<a href="#">King Henry V levels 1, 2 and 3</a>	
		16/04/20	<a href="#">As You Like It levels 1, 2 and 3</a>	
		16/04/20	<a href="#">Shakespeare activity pack feedback</a>	
		24/04/20	<a href="#">King Lear levels 1, 2 and 3</a>	
		7/05/20	<a href="#">Merry Wives of Windsor levels 1, 2 and 3</a>	
		7/05/20	<a href="#">A Midsummer Nights Dream levels 1, 2 and 3</a>	
		19/05/20	<a href="#">Julius Caesar 1, 2 and 3</a>	

		02/06/20	The Merchant of Venice packs <a href="#">1</a> , <a href="#">2</a> and <a href="#">3</a>		
		02/06/20	The Comedy of Errors packs <a href="#">1</a> , <a href="#">2</a> and <a href="#">3</a>		
		18/06/20	<a href="#">Anthony and Cleopatra packs 1, 2 and 3</a>		
		18/06/20	<a href="#">Richard II packs 1, 2 and 3</a>		
		25/06/20	<a href="#">Shakespeare activity pack – all levels</a>		
Cell Workout	Dropbox	31/03/20	<p><b>Print outs: 40 Cell Workout</b></p> <p><a href="https://drive.google.com/drive/folders/1HfbMrBIDFTIIAhNs2fcj9TTmodQGEtLa?usp=sharing">https://drive.google.com/drive/folders/1HfbMrBIDFTIIAhNs2fcj9TTmodQGEtLa?usp=sharing</a></p> <p><a href="https://boards.wetransfer.com/board/sjlx7qd5qpnw26i3y20200326194101/latest">https://boards.wetransfer.com/board/sjlx7qd5qpnw26i3y20200326194101/latest</a></p> <p><b>Video: Cell Workout Fitness Downloads</b></p> <p><a href="https://drive.google.com/drive/u/0/folders/1Pr7AgOvl_ufKTcPH2dHQSkZYNsozSKF2?fbclid=IwAR3yWQT-9B9E56cPuOeyWtGtCV5uOnj9nXP2nGreoKGAdzXnn3OGX6ekzdg">https://drive.google.com/drive/u/0/folders/1Pr7AgOvl_ufKTcPH2dHQSkZYNsozSKF2?fbclid=IwAR3yWQT-9B9E56cPuOeyWtGtCV5uOnj9nXP2nGreoKGAdzXnn3OGX6ekzdg</a></p>	Exercise	<a href="#">Cell workout Twitter</a>

			<a href="https://we.tl/b-lAVUW10B1K">https://we.tl/b-lAVUW10B1K</a> <b>Video: Cell Workout Fitness YouTube</b> <a href="https://www.youtube.com/channel/UCmJ2Lad6aU35_dkqHEwRZeA">https://www.youtube.com/channel/UCmJ2Lad6aU35_dkqHEwRZeA</a>		
HMP Brixton	PDF	31/03/20	<a href="#">Penned by a prisoner days 1-10</a> <a href="#">Drawing challenge</a>	Creative writing Art	<a href="#">HMP Brixton Twitter</a>
		2/04/20	<a href="#">Penned by a prisoner days 11 - 20</a> <a href="#">Drawing challenge 2</a>	Creative writing Art	
		24/04/20	<a href="#">Penned by a prisoner days 21 – 30</a>	Creative Writing	
Plan B Mindfulness	Email for access	31/03/20	Email for access	Mindfulness	<a href="mailto:info@wavesmindfulness.com">info@wavesmindfulness.com</a>
Project 507	URL to Google Drive	31/03/20	<a href="#">Shared drive</a>	Miscellaneous (Sodokus, crosswords, colouring pages, worksheets, wordsearches, yoga, mindfulness, exercise)	<a href="mailto:Whitney.lles@project507.co.uk">Whitney.lles@project507.co.uk</a>
Penal Reform Solutions	PDFs	31/03/20	<a href="#">Growth worksheet 1</a> <a href="#">Growth worksheet 2</a>	Personal development Personal development	<a href="mailto:info@penalreformsolutions.com">info@penalreformsolutions.com</a>

		2/04/20	<a href="#">Growth worksheet 3</a> <a href="#">Growth worksheet 4 – Acceptance and taking control</a> <a href="#">Growth worksheet 5 – Anxiety and uncertainty</a> <a href="#">Growth worksheet 6 – Transformative letter writing</a>	Personal development Personal development Personal development Personal development	
The Bell Foundation and British Council	Website which links to PDFs	31/03/20	<a href="#">ESOL Worksheets</a>	Language	
Prisoners' Education Trust	PDF – email <a href="mailto:helena@prisonerseducation.org.uk">helena@prisonerseducation.org.uk</a> to receive the packs.	<u>31/03/20</u>	Construction, Trades, Health and Safety Study Skills	Study Skills	<a href="mailto:accesstolearning@prisonerseducation.org.uk">accesstolearning@prisonerseducation.org.uk</a>
		<u>3/04/20</u>	Sport and nutrition study skills		
		<u>7/05/20</u>	<a href="#">Quiz 1</a> <a href="#">Quiz 2</a>  <a href="#">Quiz 3</a>  <a href="#">Quiz 4</a>		
Beyond Recovery	3 PDFs	2/04/20	<a href="#">Word searches 1, 2 and 3</a>	Activities	<a href="mailto:jacqueline@beyond-recovery.co.uk">jacqueline@beyond-recovery.co.uk</a>
		16/04/20	<a href="#">Activity pack – week 1</a>		
		16/04/20	<a href="#">Activity pack – week 2</a>		

		24/04/20	<a href="#">Activity pack – week 3</a>		
		7/05/20	<a href="#">Activity pack – week 4</a>		
		19/05/20	<a href="#">Activity pack – week 5</a>		
			<a href="#">Activity pack – week 6</a>		
		02/06/20	<a href="#">Activity pack – week 7</a>		
			<a href="#">Activity pack – week 8</a>		
		18/06/20	<a href="#">Activity Pack – week 9</a>		
			<a href="#">Activity pack – week 10</a>		
			<a href="#">Activity pack – week 11</a>		
The Kiwi Tribe	PDF	3/04/20	<a href="#">Activity pack</a>	Activities, mindfulness, personal development	<a href="mailto:Helen@thekiwitribe.co.uk">Helen@thekiwitribe.co.uk</a>
Koestler arts	PDF	02/06/20	<a href="#">How to enter **UPDATE**</a>	Other	
		16/04/20	<a href="#">Entry form **UPDATE**</a>		
		16/04/20	<a href="#">Arts Aid – issue 1</a>	Art	
		24/04/20	<a href="#">Arts Aid – issue 2</a>		
			<a href="#">Arts Aid – issue 3</a>		
			<a href="#">Arts Aid – issue 4</a>		

		30/06/20	<a href="#">Arts Aid – issue 5</a> <a href="#">Arts Aid – issue 6</a> <a href="#">Arts Aid – issue 7</a> <a href="#">Arts Aid – issue 8</a> <a href="#">Arts Aid – issue 9</a> <a href="#">Arts Aid – issue 10</a> <a href="#">Arts Aid – issue 11</a> <a href="#">Arts Aid – issue 12</a> <a href="#">Arts Aid – issue 13</a>		
HMP Lewes Careers Advice	PDF	3/04/20	<a href="#">Lockdown Lantern – issue 1</a> <a href="#">Lockdown Lantern – issue 2</a>	Personal development, activities, creative writing	<a href="mailto:cherylsmithcareers@gmail.com">cherylsmithcareers@gmail.com</a>
		16/04/20	<a href="#">Lockdown Lantern – issue 3</a>	(designed to be printed black & white, double sided on A3 to make a 4 page magazine)	
		16/04/20	<a href="#">Lockdown Lantern – issue 4</a>		
		24/04/20	<a href="#">Lockdown Lantern – issue 5</a>		
		24/04/20	<a href="#">Lockdown Lantern – issue 6</a>		
		7/05/20	<a href="#">Lockdown Lantern – issue 7</a>		
			<a href="#">Lockdown Lantern – issue 8</a>		



		02/06/20	<a href="#">Lockdown lantern – issue 9</a>		
			<a href="#">Lockdown Lantern – issue 11</a>		
			<a href="#">Lockdown Lantern – issue 12</a>		
			<a href="#">Lockdown Lantern – issue 13</a>		
		18/06/20	<a href="#">Lockdown Lantern – issue 14</a>		
			<a href="#">Lockdown Lantern – issue 15</a>		
			(designed to be printed black & white, double sided on A3 to make a 4 page magazine)		
Learning Together/HMPPS	URL to Google Drive (then download)	07/04/20	<a href="#">ThinkLets</a>	Mixed educational	
SEND resources	PDFs	07/04/20	<a href="#">Book review writing prompts</a> <a href="#">Rounding Decimals</a> <a href="#">Reading comprehension</a> <a href="#">Self-awareness</a> <a href="#">Simple addition and subtraction</a> <a href="#">Simple multiplication practice</a> <a href="#">Slow writing strategy</a> <a href="#">Special phrases</a> <a href="#">Thinking bubbles</a> <a href="#">Thinking vs speaking</a> <a href="#">Who When Why writing resource</a> <a href="#">Wordsearch 1</a>	Mixed – mainly literacy and numeracy	<a href="mailto:talatkhan@advantagesend.com">talatkhan@advantagesend.com</a>

Excellence Gateway/Send	Link to PDFs	07/04/20	<a href="#">Mindful Toolkit</a>	Education and learning ideas	
Reading Agency	PDF – also contains additional links to other resources	07/04/20	<a href="#">Reading Ahead during Covid19</a>	Reading, activities and learning ideas	
HMP Dovegate	PDF	16/04/20	<a href="#">Maths – week one</a>	Maths	
National Extension College	Link to website with PDFs	16/04/20	<a href="#">How to write reports</a>  <a href="#">How to succeed as an independent learner part 1</a>  <a href="#">How to succeed as an independent learner part 2</a>	More free PDF resources available <a href="#">here</a> , including ‘How to’ learn maths and write reports. Full price will be shown until checkout – if it is still showing, enter discount code NECFREERESOURCES.	<a href="mailto:accesstolearning@prisonerseducation.org.uk">accesstolearning@prisonerseducation.org.uk</a>

National Extension College are also offering the following courses:

- Develop your English (reading)
- Develop your English (writing)
- Essential Editing
- GCSE Law
- How to draw cartoons
- Learning and applying communication levels 1 and 3
- Stress management
- Time management

			<p>Please note that these courses are only intended for self-study with no tutor support or marked assignments. They are now outdated and will not lead to any qualifications.</p> <p>Please contact <a href="mailto:accesstolearning@prisonerseducation.org.uk">accesstolearning@prisonerseducation.org.uk</a> if you would like to receive any of these PDFs.</p>		
Shannon Trust	PDFs	16/04/20	<p><b>SET ONE:</b></p> <p><a href="#">Pack 1</a>  <a href="#">Pack 2</a>  <a href="#">Pack 3</a>  <a href="#">Pack 4</a>  <a href="#">Pack 5</a></p> <p><b>SET TWO:</b></p> <p><a href="#">Pack 1</a>  <a href="#">Pack 2</a>  <a href="#">Pack 3</a>  <a href="#">Pack 4</a>  <a href="#">Pack 5</a></p> <p><a href="#">Puzzles 1</a>  <a href="#">Puzzles 2</a></p>	<p>The packs are written for people at literacy Entry Level 3 and below. Activities in each pack match the skills learned in the Turning Pages (e.g. pack 1 is for people working on Turning Pages manual 1). But each pack has been designed for anyone to use and enjoy not just Shannon Trust Learners</p>	<p><a href="mailto:communications@shannontrust.org.uk">communications@shannontrust.org.uk</a></p>
		19/05/20			
		19/05/20	<p><a href="#">Puzzles 1</a>  <a href="#">Puzzles 2</a></p>		
Prison Reading Group	PDFs	7/05/20	<p><a href="#">Bookstuff 1</a></p> <p><a href="#">Bookstuff 2</a></p> <p><a href="#">Bookstuff 3</a></p>	<p>Activity sheets on books and reading</p>	<p><a href="mailto:info@prg.org.uk">info@prg.org.uk</a></p>
Sing Inside	PDFs; CD upon request (see instructions)	19/05/20	<p><a href="#">Process for requesting CDs</a></p> <p><a href="#">Remote resources for singing</a></p>	<p>The first three sections can be done without audio. Anyone who</p>	<p><a href="mailto:maisie@singinside.org.uk">maisie@singinside.org.uk</a></p>

				would like a CD for the following sections can request one using the attached form.	
Philosophy in Prison	PDFs	03/06/20	<a href="#">Identity worksheet 1</a> <a href="#">Identity worksheet 2</a> <a href="#">Identity worksheet 3</a> <a href="#">Identity worksheet 4</a> <a href="#">Identity worksheet 5</a> <a href="#">Identity full (overview)</a> <a href="#">Philosophy in prison movies</a>	Ideally worksheets would be given out with a gap in between to allow time to process and reflect on the activities.	
		25/06/20	<a href="#">Comic on immortality</a> <a href="#">Worksheet on happiness</a> <a href="#">Perception and knowledge worksheets</a> (five pages, ideally to be distributed one at a time)		
Community Led Initiatives	PDF	18/06/20	<a href="#">Quizzes</a>	Games/quizzes	